

DEVELOP | CONNECT | HEART | MINDSET

Adriana Rosales is the author of 7 books, member of the Forbes Coaches Council, John Maxwell certified speaker, HeartMath® Certified. Adriana runs her own leadership conferences internationally. She has also designed & created her own communications card game to help facilitate her leadership seminars across the country.

Author, Speaker, HeartMath Coach John Maxwell Certified & Forbes Coaches Council

Adriana mentor's business professionals on the six core HeartMath® tools and techniques for stress reduction & impacts executives at her high-level international leadership seminars.

"Corporate Code of Honor" proprietary method was designed by Adriana to help executives take a deep-dive into heart-centered communication.

An accomplished military veteran, she brings her background and years of experience navigating the corporate ladder in the telecommunication and finance industries to the front lines in her book "Corporate Code, A Bottom Up Perspective on Great Leadership."



- Wisdom of the Heart and Heartfulness
- ✓ Corporate Code of Honor starts with YOU
- ✓ Stress Reduction like a Monk
- ✓ AI + HI = CI, Artifical Intelligence plus Human Intelligence equals Collective Intelligence

Signalture Topics

- HeartMath® Six Core Tools for Self Regulation
- **Corporate Code Signature Card Game**
- John Maxwell Leadership Wisdom
- Our Future with Artificial Intelligence

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